“European Society of Hypertension Working group on Obesity, diabetes and the high-risk patients: Satellite Symposium of the ESH Paris meeting”

Scientific Program
Chalkidiki, June 3-5, 2016

FRIDAY June 3, 2016

17.00-17:20 Round table: Atrial fibrillation
Chairmen: Pitsavos C. (Athens, Greece), Ganotakis M. (Heraklion, Greece)
New anticoagulant drugs in the treatment of patients with atrial fibrillation Anzta X. (Thessaloniki, Greece)
Aspirin in patients with cardiovascular risk. When? Grassos X. (Athens, Greece)

17:20-17:40 Lecture: Clinical trials update
Chairman: Kotsis V. (Thessaloniki, Greece)
“The effect of double fixed dose combination in hypertensive patients with CAD” Papadopoulos D. (Athens, Greece)

17.40-18.00 How to treat?
Chairmen: Vlachopoulos H. (Athens, Greece), Stabouli S (Thessaloniki, Greece)
A patient with dyslipidemia and increased liver transaminases Boutari C. (Thessaloniki, Greece)
15 years old patient with white coat hypertension Stabouli S. (Thessaloniki, Greece)
Patient with ischemic stroke and statin intolerance Tziomalos K. (Thessaloniki, Greece)

18.00-19.00 Round table: Antihypertensive treatment
Chairmen: Kotsis V. (Thessaloniki, Greece), Tziomalos K. (Thessaloniki, Greece)
Refractory hypertension: diagnosis and treatment. Redon J. (Valencia, Spain)
Hyperlipidemia and target organ damage Blacher J. (Paris, France)
Drug combinations in the treatment of hypertension Kotsis V. (Thessaloniki, Greece)

19.00-19.20 Coffee Break

19.20-20.00 Lectures
Chairman: Pitsavos C, Karagiannis A
Association between obesity, prehypertension and chronic kidney disease Jelaković B. (Zagreb, Croatia)
Statin associated diabetes mellitus Elisaf M. (Ioannina, Greece)

20.00-20.30 Satellite Novartis
20:30-21:30 Satellite ELPEN
SATURDAY June 4, 2016

9.00-10.00 Round table: Treatment of diabetes mellitus
Chairmen: Hatziagelaki E. (Athens, Greece), Doumas M. (Thessaloniki, Greece)
Optimal treatment of Gestational Diabetes Mellitus Goulis D. (Thessaloniki, Greece)
Diabetes treatment in patients with chronic kidney disease Tsapas A. (Thessaloniki, Greece)
Which is the second drug after metformine in diabetes. DDP4 or SGLT-2? Papanas N. (Alexandroupolis, Greece)

10.00-10:30 Lecture: Hypertension. How to treat?
Chairmen: Karagiannis A. (Thessaloniki, Greece), Tsioufis K. (Athens, Greece)
80 years old patient with isolated systolic hypertension Mancia G. (Milan, Italy)

10.30-11.00 Lecture
Chairmen: Kotsis V. (Thessaloniki, Greece), Zebekakis P. (Thessaloniki, Greece)
ESH guidelines. Management of total cardiovascular risk Zanchetti A. (Milan, Italy)

11.00-14:30 Satellite VIANEX-MSD
14:30-15:00 Satellite Böehringer
15.00-17.00 Lunch Break

17.00-18.00 Round table: Smoking, obesity and CKD
Chairmen: Savopoulos C. (Thessaloniki, Greece), Hatzitolios A. (Thessaloniki, Greece)
Smoking cessation and CV disease Kontakiotis T. (Thessaloniki, Greece)
Guidelines for the management of obesity Kiortsis D. (Ioannina, Greece)
Treatment of hypertension in patients with chronic kidney disease Schneider R. (Erlangen, Germany)

18.00-19.00 Round table: How to treat?
Chairmen: Daniilidis M. (Thessaloniki, Greece), Kiortsis D. (Ioannina, Greece)
75 years old patient with heart failure Tzikas S. (Thessaloniki, Greece)
60 years old patient with non-alcoholic liver disease, hyperlipidemia (LDL:190 with statin)
and diabetes (HbA1c 11.8 mg/dl) Michailidis D. (London, UK)
65 old patient with hypertension and increased arterial stiffness Galiagousi E. (Thessaloniki, Greece)

19:00-19:20 Lecture
Chairman: Kotsis V. (Thessaloniki, Greece)
The impact of perinatal life on cardiometabolic risk factors Lurbe E. (Valentia, Spain)

19.20-20.30 Satellite Böehringer
20:30-21:00 Satellite Vianex
**SUNDAY June 5, 2016**

10:00-11:00 Joint session European Society Diabetes and ESH WG on obesity, diabetes and the high risk patients Kotsis V. (Thessaloniki, Greece), Nilsson P. (Malmo, Sweeden)

Rationale and role of dual antidiabetic therapy in T2D Valenci P. (Paris, France)
Understanding the results of EMPA-REG outcome studies Ceriello A. (Barcelona, Spain)

11:00-12:00 Joint session European Atherosclerosis Society and ESH WG on obesity, diabetes and the high risk patients
Chairmen: Kotsis V. (Thessaloniki, Greece), Nilsson P. (Malmo, Sweeden)

PREVENTION AND LIPID GUIDELINES
ESC/EAS lipid guideline and its implementation Tokgözoglu L. (Ankara, Turkey)
New riskfactors for obesity: influence of genetics and microbiome Dallinga-Thie G. (Amsterdam, Netherlands)

12:00-13:00 Lectures
Chairmen: Karagiannis A. (Thessaloniki, Greece), Kotsis V. (Thessaloniki, Greece)
Hypertension and the brain Coca A. (Barcelona, Spain)
Guidelines for the management of diabetes Nilsson P. (Malmo, Sweden)